


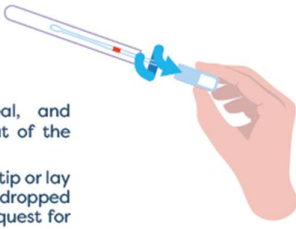
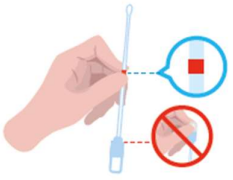
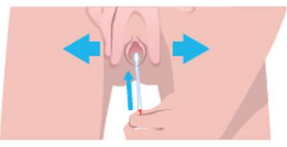
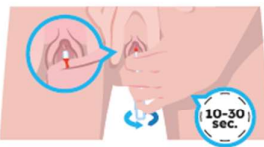



(A) SELF-COLLECTION OF VAGINAL SWABS FOR BD ONCLARITY HPV ASSAY

A. Prepare and Setup

<p>1</p> <p>Knowing what's in your kit</p> <ul style="list-style-type: none"> i Read through the entire instructions before starting. ii The swab has one end for holding, and one end for collecting the sample. 	<p>2</p> <p>Access your Camtech Health App</p> <ul style="list-style-type: none"> i Scan the QR code to install or log in to the App. ii Before starting, make sure to select a time and space where you feel safe and comfortable, such as your home bathroom. 	<p>3</p> <p>Activate the test online</p> <ul style="list-style-type: none"> i Enter or scan the barcode on the sample tube. ii Follow the instructions below to collect your sample. 
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B. Collect your sample

<p>4</p> <p>Clean hands</p> <ul style="list-style-type: none"> i Wash your hands thoroughly with soap and water, and dry with a clean towel. ii You may either stand or sit when collecting the sample. 	<p>5</p> <p>Remove swab</p> <ul style="list-style-type: none"> i Twist cap to break seal, and carefully pull the swab out of the tube. ii Do not touch the soft swab tip or lay the swab down. If swab is dropped or touched, discard and request for new swab. 	<p>6</p> <p>Position swab</p> <ul style="list-style-type: none"> i Using your dominant hand, hold the swab with fingers positioned at the middle red line. ii Ensure the swab is pointing upwards towards you. <p>NOTE: Do not force or excessively press/bend the swab when taking the sample as this may result in the accidental breakage of the shaft</p> 
<p>7</p> <p>Insert swab</p> <ul style="list-style-type: none"> i Gently spread the skin at your vagina, relax your muscles and slowly insert and slide the swab into your vagina. ii Stop advancing when your fingers holding the swab reach your vaginal opening. <p>NOTE: In the event where the swab does not slide easily into the vagina, please gently rotate the swab when advancing. If faced with any difficulty, please stop and consult with a doctor</p> 	<p>8</p> <p>Rotate swab</p> <ul style="list-style-type: none"> i Rotate swab for 10-30 seconds against the insides of the vagina. ii Then, withdraw the swab, avoiding the surrounding area as much as possible. <p>NOTE: During sampling, the swab tip should only come in contact with collection site, so as to reduce risk of contamination</p> 	<p>9</p> <p>Return swab to tube</p> <ul style="list-style-type: none"> i Place swab back into the tube and securely recap the tube. ii Wash your hands with soap and water, and safely discard all waste. iii Indicate on the App that you have successfully collected your sample. 

(A) SELF-COLLECTION OF VAGINAL SWABS FOR BD ONCLARITY HPV ASSAY (continued)

C. Return your sample

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Label and seal sample tube

- I** Clearly fill in the patient label sticker and paste it lengthwise around the tube.
- II** Seal the tube in the specimen carrier bag provided.

NOTE: Do not paste over the barcode on the tube.


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Pack sample tube

- I** Place the specimen carrier bag (with the sample) back into the box.
- II** Put the box back into the same envelope your kit arrived in.
- III** Seal the return envelope and peel off your home address label (if applicable).

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Return sample

- I** Post your pre-paid return envelope at any SingPost mailbox.
- II** Activate a courier on the Camtech Health App to pick up the envelope (if applicable).

⚠️ WARNINGS AND PRECAUTIONS FOR USE

- This kit is designed for use by women aged 18 and over, as prescribed by a health care professional.
- This kit should not be used by individuals who are unable to correctly follow the self-collection instructions.
- This product is for single use only; reuse may cause a risk of cross-contamination and/or inaccurate results.
- The swab is only to be used for the self-collection of vaginal sample.
- The swab must be stored in its original package at a temperature between 2 and 30°C until the time of use. Do not incubate or freeze prior to use. If incorrectly stored, its effectiveness will be compromised.
- Return the collected sample on the same day of sample collection
- Before starting the test, check that the swab is intact and properly preserved. Do not use if: 1) the swab shows visible signs of damage (eg. if the swab tip or shaft is broken) or contamination, 2) the swab has passed its expiry date, 3) the tube is open (seal is broken) or 4) the swab shows any other signs of deterioration.
- Vaginal sample self-collection should not be performed: 1) during pregnancy; 2) in the three months after giving birth; 3) if the patient recently had a gynaecological operation; 4) in case of unusual bleeding or pelvic pains; 5) during menstruation
- Avoid using vaginal ovules, creams or washes, vaginal contraceptives or condoms in the 3 days before self-collection of vaginal specimen.
- Ensure self-collection of vaginal specimen is done at least 2 days apart from any sexual intercourse and ultrasound scans or gynaecological examinations
- A little discomfort is expected. However, the process should not be painful.
- Please consult a doctor should you experience any of the following symptoms upon self-collection of vaginal specimen: Abnormal vaginal discharge (thick, yogurt-like, foul-smelling, pink, brown grey, yellow or green); vaginal bleeding or discomfort; lower abdominal pain; fever, nausea; painful or frequent urination.
- The tests and procedures are undertaken by accredited lab partners, and are verified and performed in line with supplier product instructions for use.
- Samples arriving at the laboratory which shows evidence of any damage may not be tested.
- The accuracy of your results may be compromised if you do not read and follow the instructions in full.
- Dispose the contents/kit in normal household waste in accordance with local regulations.

If you need assistance please contact us at support@camtech-health.com <https://www.camtechdiagnostics.com>

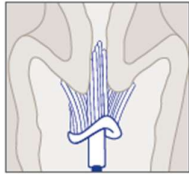
SPECIMEN COLLECTION, TRANSPORT AND HANDLING



(B) COLLECTION OF CERVICAL SPECIMENS IN BD SUREPATH VIAL

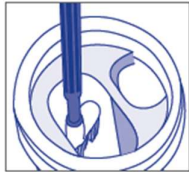
Option 1

BD SurePath™ Test sample collection with Rovers® Cervex® brush.*



1. Collect:

Collect the cytology sample using a broom-like device with detachable head. Follow manufacturer's collection instructions for detachable-head device(s).



2. Drop:

Use the interior rim of the new BD SurePath™ Collection Vial to pull off the head of the broom-like device into the large opening in the collection vial.



3. Send:

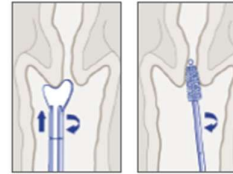
Place the cap on the vial and tighten. Send the BD SurePath™ Collection Vial to the lab for processing.

Option 2

BD SurePath™ Test sample collection with spatula and/or endocervical brush with detachable heads.**

1A. Collect:

Insert the contoured end of the Pap Perfect® plastic spatula and rotate 360° around the entire exocervix.



2A. Drop:

Snap the device handle at the red scoring line and drop the detachable head of the device into the BD SurePath vial.



3A. Next:

Place cap on vial; do not tighten cap until "Step 3B Send." Go to Cytobrush® Plus GT "Step 1B. Collect."



1B. Collect:

Insert Cytobrush® Plus GT into the endocervix until only the bottom-most bristles are exposed at the os. Slowly rotate 1/4 to 1/2 turn in one direction. To reduce unnecessary bleeding, do not over-rotate brush.

2B. Drop:

Snap the device handle at the red scoring line and drop the detachable head of both devices into the larger opening of the BD SurePath vial.

3B. Send:

Place the cap on the vial and tighten. Send the BD SurePath vial to the lab for processing.

1. Bigras G, et al. J Low Genit Tract Dis. 7(3), 2003:168-174

*See Rovers Cervex-Brush product insert for complete directions for use.

**See SurePath Sample Collection Kit product insert for complete Directions for Use.



SPECIMEN COLLECTION, TRANSPORT AND HANDLING




(C) COLLECTION OF CERVICAL SPECIMENS IN THINPREP VIAL

1 Prepare Speculum

► Warm water is preferred ► Only use carbomer-free lubricants ► Dime-sized amount

Speculum



If lubricant is required, the following lubricants are validated for use with the ThinPrep® Pap Test.

Lubricant	Manufacturer
✓ Pap Test Lubricating Jelly	Aseptic Control Products
✓ SurgiLube Surgical Lubricant	HR Pharmaceuticals
✓ CerviLube	Sion Biotext

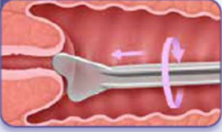
Contact your medical supplies distributor for purchasing details.

2 Obtain Sample

Sample collection for the ThinPrep® Pap Test may be performed with a spatula/brush combo OR a broom-like collection device.⁶

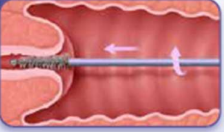
► Rotate per manufacturer's guidance ► Do not over rotate

Spatula



Rotate the contoured end **360° 1x**

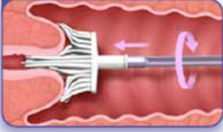
Brush



Rotate in one direction **1/4 to 1/2**

OR

Broom




Rotate clockwise **360° 5x**

3 Rinse Device Immediately

The ThinPrep collection process preserves and fixes the cells in the solution, not on the device head.


► Sanitary collection — fingers remain on the handle, not the brush

Spatula




Swirl vigorously **10 times**

Brush



Rotate while pushing against the vial wall **10 times** and swirl vigorously

Broom



Push into bottom of vial forcefully **10 times** and swirl vigorously

⚠ DO NOT leave device in vial